



The Grow Along with me project is able to provide presentations, free of charge (unless indicated) on the topics below.

Check the “Upcoming Presentation/Workshop” link for planned dates.

- If you are a group of 10 or more and are interested in a presentation topic that is listed but a date is not yet provided please contact Helen Kromm at 403-388-6000 ext. 3655 or email at [Helen.kromm@albertahealthservices.ca](mailto:Helen.kromm@albertahealthservices.ca) . **For administrative purposes we require 2 months advanced notice to schedule presentations.**

## Presentation/Workshop Topics

### • Talking takes time

This presentation discusses the role of a Speech-Language Pathologists in dealing with communication development and what is typical for communication development during the preschool years. Reasons to refer are also discussed as well as the importance of timely referrals.

**AUDIENCE:** Parents, caregivers, and early childhood educators

**TIME:** 1 ½ hours

### • Taking a closer look at communication

This presentation discusses the characteristics of an effective communicator and the various conversational styles and roles a caregiver can take on. Also discussed is the potential ways children can and will respond; and what caregivers can do to support and encourage responding.

**AUDIENCE:** Parents, caregivers, and early childhood educators

**TIME:** 2hours

### • Teacher Talk (3 1-day topic series):

**Language:** Addresses how educators can use everyday conversations, play and daily routines to promote children’s communication and social development.

**Literacy:** Discusses the important links between oral language development and literacy and provides practical strategies teachers can use to pave the way for reading and writing.

**Peers:** Addresses how educators can provide a physical and social environment that encourages peer interaction and creates many opportunities for successful interactions with other children.

**Audience:** Teachers, and teacher assistants

### • Fine Motor Development in Toddlers (12-36 months)

This presentation gives an overview of the development of fine motor skills between the ages of 12 and 36 months. Participants will learn the role of an occupational therapist, the component skills for hand function, and activities to develop these skills.

**AUDIENCE:** Parents, caregivers, and early childhood educators

**TIME:** 1 ½ hours

- **SHARING CONCERNS with PARENTS**

This presentation takes a look at the challenges friends, relatives, or caregivers may face when they have a concern about a child's development. Strategies on how to raise concerns about a child's development with parents will be addressed, along with information to ensure that early and appropriate interventions can be put into place.

**Audience:** Parents, caregivers, and early childhood educators

**TIME:** 1 ½ hours

- **PARTNERING with PARENTS when using the AGES & STAGES QUESTIONNAIRE®**

This presentation that explains why participating in developmental checkups is important to the overall well being and development of children.

**AUDIENCE:** Parents, caregivers, and early childhood educators

**TIME:** 1 ½ hours

- **AGES & STAGES QUESTIONNAIRE ® (ASQ)**

This presentation will prepare those who are planning to use the ASQ as a tool to monitor the development of children from 4 months to 5 years old.

**AUDIENCE:** Preschool teachers, childcare providers and others interested in learning how to use the Ages & Stages Questionnaire as a tool to provided developmental checkups with the parents of the children they work with.

**TIME:** 6 hours

- **WHEN WILL I GET A GOOD NIGHT SLEEP**

This workshop will take a look at common sleep problems for infants up to children 3 years of age. Strategies to help parents get their children to go to sleep and stay asleep at night will be provided.

**AUDIENCE:** Parents, caregivers, and early childhood educators

**TIME:** 1 ½ hours

- **TEACHING TOOLS FOR CHILDREN WITH CHALLENGING BEHAVIOURS**

Creating Teaching Tools for Young Children with Challenging Behaviours

Teaching Tools provides strategies that help eliminate challenging behaviours through the use of visuals and a variety of other strategies. It assist you in strengthening the social and emotional competence of the children in your program by offering ideas for your own personal support and collaboration with staff, problem solving skills, friendship development, social skill instruction, and best practice in behaviour support for the children. The program is also formulated to involve parents so strategies can be carried out at home.

**AUDIENCE:** Parents, caregivers, and early childhood educators

**Time:** Overview - 2 hours

Comprehensive Training - up to 6 hours

There will be a cost of \$2.00/participant to cover cost DISC

## • **PARENTING the STRONG WILLED CHILD – facilitator training**

- You will learn how to facilitate the five skills from Parenting the Strong-Willed Child
- This approach is based on the book Parenting the Strong-Willed Child and Thomas Phelan's 1-2-3 Magic.
- It is required that facilitators have a combination of an academic background (e.g. degree in Human services) and experience working with children and families.
- We strongly recommend that all facilitators watch 1,2,3 Magic before the first class (copies available at your local library and Family Hub/Parent Links).
- The class will involve group discussion as well as opportunities to practice facilitating sessions.
- This group offers opportunities to co-facilitate with other community members.

NOTE: This is not a certification program. This course is provided to develop facilitation skills, gain new ideas and strategies beneficial to presenting, and networking opportunities with local community groups/individuals.

- **you are expected to attend for the full 2 days.**

## • **DRAMATIC PLAY**

This presentation designed for parents and child care providers. Our goal is to introduce dramatic play and the associated benefits and strategies for incorporating dramatic play into your home and/or childcare setting.

**AUDIENCE:** Parents, caregivers, and early childhood educators

**TIME:** 1 hour